



evolfoods.com



MADE FROM SCRATCH DELICIOUSNESS.

NUTRITION FACTS & INGREDIENTS

CLASSICS JANUARY 2012

CHICKEN, BEAN & RICE

| Nutrition Facts | | Amount Per Serving | %DV* | Amount Per Serving | %DV* |
|---|--|-------------------------|------------|---|------------|
| Serving Size 1 burrito (227g) | | Total Fat 8g | 12% | Total Carbohydrate 72g | 24% |
| Calories 440 | | Saturated Fat 2.5g | 13% | Dietary Fiber 6g | 24% |
| Calories from Fat 70 | | Trans Fat 0g | | Sugars 2g | |
| *Percent Daily Values (DV) are based on a 2,000 calorie diet. | | Cholesterol 25mg | 8% | Protein 21g | |
| | | Sodium 760mg | 32% | Vitamin A 6% • Vitamin C 10% • Calcium 10% • Iron 25% | |

INGREDIENTS: **Filling:** Guajillo Chicken (Cage-Free White Meat Chicken Breast Raised without Antibiotics, Guajillo Chiles, Garlic, Spices), Pinto Beans, Rice, Tomato Salsa (Tomatoes in Juice, Onions, Corn Starch, Garlic, Jalapeños, Cilantro, Lime Juice, Spices), Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes), Corn, Spices. **Tortilla:** Flour Tortilla (Enriched Wheat Flour [Niacin, Iron, Ascorbic Acid, Vitamin C, Thiamine Mononitrate, Riboflavin, Folic Acid, Enzymes], Water, Palm Oil, Baking Powder, Salt, Guar Gum).

Contains Milk and Wheat

SHREDDED BEEF

| Nutrition Facts | | Amount Per Serving | %DV* | Amount Per Serving | %DV* |
|---|--|-------------------------|------------|---|------------|
| Serving Size 1 burrito (227g) | | Total Fat 11g | 17% | Total Carbohydrate 72g | 24% |
| Calories 470 | | Saturated Fat 3.5g | 18% | Dietary Fiber 6g | 24% |
| Calories from Fat 100 | | Trans Fat 0g | | Sugars 2g | |
| *Percent Daily Values (DV) are based on a 2,000 calorie diet. | | Cholesterol 25mg | 8% | Protein 20g | |
| | | Sodium 640mg | 27% | Vitamin A 6% • Vitamin C 10% • Calcium 10% • Iron 25% | |

INGREDIENTS: **Filling:** Shredded Beef Raised without Antibiotics, Pinto Beans, Rice, Tomato Salsa (Tomatoes in Juice, Onions, Corn Starch, Garlic, Jalapeños, Cilantro, Lime Juice, Spices), Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes), Corn, Spices. **Tortilla:** Flour Tortilla (Enriched Wheat Flour [Niacin, Iron, Ascorbic Acid, Vitamin C, Thiamine Mononitrate, Riboflavin, Folic Acid, Enzymes], Water, Palm Oil, Baking Powder, Salt, Guar Gum).

Contains Milk and Wheat

CILANTRO LIME CHICKEN

| Nutrition Facts | | Amount Per Serving | %DV* | Amount Per Serving | %DV* |
|---|--|-------------------------|------------|---|------------|
| Serving Size 1 burrito (170g) | | Total Fat 7g | 11% | Total Carbohydrate 49g | 16% |
| Calories 320 | | Saturated Fat 2g | 10% | Dietary Fiber 4g | 16% |
| Calories from Fat 60 | | Trans Fat 0g | | Sugars 1g | |
| *Percent Daily Values (DV) are based on a 2,000 calorie diet. | | Cholesterol 20mg | 7% | Protein 16g | |
| | | Sodium 450mg | 19% | Vitamin A 4% • Vitamin C 6% • Calcium 6% • Iron 15% | |

INGREDIENTS: **Filling:** Cilantro Lime Chicken (Cage-Free White Meat Chicken Breast Raised without Antibiotics, Lime Juice, Canola Oil, Cilantro, Spices), Organic Black Beans, Organic Brown Rice, Tomato Salsa (Tomatoes in Juice, Onions, Corn Starch, Garlic, Jalapeños, Cilantro, Lime Juice, Spices), Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes), Red and Green Bell Peppers, Corn. **Tortilla:** Organic Flour Tortilla (Organic Wheat Flour, Water, Organic Palm Oil, Baking Powder, Salt).

Contains Milk and Wheat

BEAN, RICE & CHEESE

| Nutrition Facts | | Amount Per Serving | %DV* | Amount Per Serving | %DV* |
|---|--|-------------------------|------------|---|------------|
| Serving Size 1 burrito (227g) | | Total Fat 8g | 12% | Total Carbohydrate 78g | 26% |
| Calories 460 | | Saturated Fat 2.5g | 13% | Dietary Fiber 8g | 32% |
| Calories from Fat 80 | | Trans Fat 0g | | Sugars 1g | |
| *Percent Daily Values (DV) are based on a 2,000 calorie diet. | | Cholesterol 10mg | 3% | Protein 17g | |
| | | Sodium 650mg | 27% | Vitamin A 6% • Vitamin C 10% • Calcium 10% • Iron 25% | |

INGREDIENTS: **Filling:** Pinto Beans, Rice, Tomato Salsa (Tomatoes in Juice, Onions, Corn Starch, Garlic, Jalapeños, Cilantro, Lime Juice, Spices), Cheddar Cheese (rBST-Free Pasteurized Milk, Cheese Culture, Salt, Enzymes), Spices. **Tortilla:** Flour Tortilla (Enriched Wheat Flour [Niacin, Iron, Ascorbic Acid, Vitamin C, Thiamine Mononitrate, Riboflavin, Folic Acid, Enzymes], Water, Palm Oil, Baking Powder, Salt, Guar Gum).

Contains Milk and Wheat

VEGGIE FAJITA

| Nutrition Facts | | Amount Per Serving | %DV* | Amount Per Serving | %DV* |
|---|--|------------------------|------------|---|------------|
| Serving Size 1 burrito (170g) | | Total Fat 3.5g | 5% | Total Carbohydrate 56g | 19% |
| Calories 290 | | Saturated Fat 0g | 0% | Dietary Fiber 5g | 20% |
| Calories from Fat 30 | | Trans Fat 0g | | Sugars 3g | |
| *Percent Daily Values (DV) are based on a 2,000 calorie diet. | | Cholesterol 0mg | 0% | Protein 10g | |
| | | Sodium 440mg | 18% | Vitamin A 10% • Vitamin C 35% • Calcium 6% • Iron 15% | |

INGREDIENTS: **Filling:** Red and Green Bell Peppers, Organic Brown Rice, Organic Black Beans, Corn, Tomato Salsa (Organic Tomatoes in Juice, Onions, Corn Starch, Garlic, Jalapeños, Cilantro, Lime Juice, Spices). **Tortilla:** Organic Whole Wheat Flour Tortilla (Organic Whole Wheat Flour, Water, Organic Palm Oil, Baking Powder, Salt).

Contains Wheat

BEAN & CHEDDAR

| Nutrition Facts | | Amount Per Serving | %DV* | Amount Per Serving | %DV* |
|---|--|-------------------------|------------|---|------------|
| Serving Size 1 burrito (170g) | | Total Fat 7g | 11% | Total Carbohydrate 60g | 20% |
| Calories 360 | | Saturated Fat 3g | 15% | Dietary Fiber 8g | 32% |
| Calories from Fat 70 | | Trans Fat 0g | | Sugars 1g | |
| *Percent Daily Values (DV) are based on a 2,000 calorie diet. | | Cholesterol 10mg | 3% | Protein 16g | |
| | | Sodium 620mg | 26% | Vitamin A 4% • Vitamin C 8% • Calcium 8% • Iron 20% | |

INGREDIENTS: **Filling:** Organic Pinto Beans, Cheddar Cheese (rBST-Free Pasteurized Milk, Cheese Culture, Salt, Enzymes), Hatch Green Chiles, Spices, Corn Starch.

Tortilla: Organic Flour Tortilla (Organic Wheat Flour, Water, Organic Palm Oil, Baking Powder, Salt).

Contains Milk and Wheat



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NUTRITION FACTS & INGREDIENTS

CLASSICS JANUARY 2012

EGG & SAUSAGE

| Nutrition Facts | | Amount Per Serving | %DV* | Amount Per Serving | %DV* |
|---|--|--------------------------|------------|--|------------|
| Serving Size 1 burrito (227g) | | Total Fat 16g | 25% | Total Carbohydrate 64g | 21% |
| Calories 480 | | Saturated Fat 5g | 25% | Dietary Fiber 5g | 20% |
| Calories from Fat 150 | | Trans Fat 0g | | Sugars 1g | |
| *Percent Daily Values (DV) are based on a 2,000 calorie diet. | | Cholesterol 150mg | 50% | Protein 21g | |
| | | Sodium 850mg | 35% | Vitamin A 10% • Vitamin C 15% • Calcium 10% • Iron 25% | |

INGREDIENTS: **Filling:** Chorizo Sausage (Pork Raised without Antibiotics, Spices), Eggs (Whole Eggs, Corn Starch, Citric Acid), Roasted Potatoes (Potatoes, Canola Oil, Salt, Black Pepper), Pinto Beans, Tomato Salsa (Tomatoes in Juice, Onions, Corn Starch, Garlic, Jalapeños, Cilantro, Lime Juice, Spices), Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes). **Tortilla:** Flour Tortilla (Enriched Wheat Flour [Niacin, Iron, Ascorbic Acid, Vitamin C, Thiamine Mononitrate, Riboflavin, Folic Acid, Enzymes], Water, Palm Oil, Baking Powder, Salt, Guar Gum).

Contains Milk, Eggs and Wheat

EGG & POTATO

| Nutrition Facts | | Amount Per Serving | %DV* | Amount Per Serving | %DV* |
|---|--|--------------------------|------------|---|------------|
| Serving Size 1 burrito (227g) | | Total Fat 12g | 18% | Total Carbohydrate 63g | 21% |
| Calories 430 | | Saturated Fat 4g | 20% | Dietary Fiber 4g | 16% |
| Calories from Fat 110 | | Trans Fat 0g | | Sugars 2g | |
| *Percent Daily Values (DV) are based on a 2,000 calorie diet. | | Cholesterol 165mg | 55% | Protein 17g | |
| | | Sodium 780mg | 33% | Vitamin A 8% • Vitamin C 25% • Calcium 10% • Iron 20% | |

INGREDIENTS: **Filling:** Roasted Potatoes (Potatoes, Canola Oil, Salt, Black Pepper), Scrambled Eggs (Cage-Free Whole Eggs, Corn Starch, Citric Acid), Tomato Salsa (Tomatoes in Juice, Onions, Corn Starch, Garlic, Jalapeños, Cilantro, Lime Juice, Spices), Cheddar Cheese (rBST-Free Pasteurized Milk, Cheese Culture, Salt, Enzymes), Red and Green Bell Peppers. **Tortilla:** Flour Tortilla (Enriched Wheat Flour [Niacin, Iron, Ascorbic Acid, Vitamin C, Thiamine Mononitrate, Riboflavin, Folic Acid, Enzymes], Water, Palm Oil, Baking Powder, Salt, Guar Gum).

Contains Milk, Eggs and Wheat

EGG & GREEN CHILÉ

| Nutrition Facts | | Amount Per Serving | %DV* | Amount Per Serving | %DV* |
|---|--|--------------------------|------------|---|------------|
| Serving Size 1 burrito (227g) | | Total Fat 12g | 18% | Total Carbohydrate 69g | 23% |
| Calories 450 | | Saturated Fat 4g | 20% | Dietary Fiber 6g | 24% |
| Calories from Fat 100 | | Trans Fat 0g | | Sugars 1g | |
| *Percent Daily Values (DV) are based on a 2,000 calorie diet. | | Cholesterol 125mg | 42% | Protein 18g | |
| | | Sodium 820mg | 34% | Vitamin A 6% • Vitamin C 20% • Calcium 10% • Iron 25% | |

INGREDIENTS: **Filling:** Roasted Potatoes (Potatoes, Canola Oil, Salt, Black Pepper), Veggie Hatch Green Chilé Stew (Hatch Green Chilés, Jalapeños, Onions, Tomatoes in Juice, Tomatillos, Carrots, Garlic with Citric Acid, Spices), Scrambled Eggs (Cage-Free Whole Eggs, Corn Starch, Citric Acid), Pinto Beans, Cheddar Cheese (rBST-Free Pasteurized Milk, Cheese Culture, Salt, Enzymes), Corn Starch. **Tortilla:** Flour Tortilla (Enriched Wheat Flour [Niacin, Iron, Ascorbic Acid, Vitamin C, Thiamine Mononitrate, Riboflavin, Folic Acid, Enzymes], Water, Palm Oil, Baking Powder, Salt, Guar Gum).

Contains Milk, Eggs and Wheat

PORK & GREEN CHILÉ

| Nutrition Facts | | Amount Per Serving | %DV* | Amount Per Serving | %DV* |
|---|--|-------------------------|------------|---|------------|
| Serving Size 1 burrito (227g) | | Total Fat 10g | 15% | Total Carbohydrate 71g | 24% |
| Calories 450 | | Saturated Fat 3.5g | 18% | Dietary Fiber 7g | 28% |
| Calories from Fat 90 | | Trans Fat 0g | | Sugars 1g | |
| *Percent Daily Values (DV) are based on a 2,000 calorie diet. | | Cholesterol 25mg | 8% | Protein 19g | |
| | | Sodium 690mg | 29% | Vitamin A 2% • Vitamin C 15% • Calcium 10% • Iron 25% | |

INGREDIENTS: **Filling:** Pork Green Chilé Stew (Pork Raised without Antibiotics, Hatch Green Chilés, Onions, Jalapeños, Tomatoes in Juice, Water, Garlic, Spices), Pinto Beans, Roasted Potatoes (Potatoes, Canola Oil, Salt, Black Pepper), Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes), Corn Starch. **Tortilla:** Flour Tortilla (Enriched Wheat Flour [Niacin, Iron, Ascorbic Acid, Vitamin C, Thiamine Mononitrate, Riboflavin, Folic Acid, Enzymes], Water, Palm Oil, Baking Powder, Salt, Guar Gum).

Contains Milk and Wheat

TOFU & SPINACH SAUTÉ

| Nutrition Facts | | Amount Per Serving | %DV* | Amount Per Serving | %DV* |
|---|--|------------------------|------------|---|------------|
| Serving Size 1 burrito (170g) | | Total Fat 5g | 8% | Total Carbohydrate 52g | 17% |
| Calories 290 | | Saturated Fat 0g | 0% | Dietary Fiber 6g | 24% |
| Calories from Fat 45 | | Trans Fat 0g | | Sugars 1g | |
| *Percent Daily Values (DV) are based on a 2,000 calorie diet. | | Cholesterol 0mg | 0% | Protein 12g | |
| | | Sodium 480mg | 20% | Vitamin A 10% • Vitamin C 6% • Calcium 10% • Iron 20% | |

INGREDIENTS: **Filling:** Organic Black Beans, Tomato Salsa (Organic Tomatoes in Juice, Onions, Corn Starch, Garlic, Jalapeños, Cilantro, Lime Juice, Spices), Roasted Potatoes (Potatoes, Canola Oil, Salt, Black Pepper), Sautéed Tofu (Organic Tofu [Organic Soy Beans, Water, Natural Nigari {Magnesium Chloride}], Sea Salt, Nutritional Yeast, Canola Oil, Curry Powder), Spinach. **Tortilla:** Organic Whole Wheat Flour Tortilla (Organic Whole Wheat Flour, Water, Organic Palm Oil, Baking Powder, Salt).

Contains Soy and Wheat