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MADE FROM SCRATCH DELICIOUSNESS.

NUTRITION FACTS & INGREDIENTS FLATBREADS JANUARY 2012

BBQ CHICKEN & MOZZARELLA

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
	Serving Size 1/2 flatbread (113g) Servings Per Container 2	Total Fat 8g	12%	Total Carb. 37g
Calories 270 Fat Cal. 70	Sat. Fat 2.5g	13%	Dietary Fiber 1g	4%
	Trans Fat 0g		Sugars 5g	
	Cholest. 10mg	3%	Protein 13g	
	Sodium 640mg	27%		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.				
Vitamin A 4% • Vitamin C 0% • Calcium 15% • Iron 15%				

INGREDIENTS: Flatbread Crust (Enriched Wheat Flour, Water, Soybean and/or Canola Oil, Salt, Sugar, Cultured Wheat Flour, Baking Powder, Yeast), Part Skim Mozzarella Cheese (Pasteurized Part Skim Cultured Milk, Salt, Enzymes), Chicken (Cage-Free White Meat Chicken Breast Raised without Antibiotics, Potato Starch, Sea Salt), Barbecue Sauce (Water, Brown Sugar, Ketchup [Tomato Concentrate made from Red Ripe Tomatoes, Distilled Vinegar, Sugar, Salt, Onion Powder, Spices, Natural Flavoring], Honey, Tomato Paste, Molasses, Canola Oil, Extra Virgin Olive Oil, Salt, Chili Powder, Natural Smoke Flavor, Garlic Powder, Spices), Green Onion, Cilantro.

Contains Milk and Wheat

ITALIAN SAUSAGE & CARMELIZED ONION

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
	Serving Size 1/2 flatbread (113g) Servings Per Container 2	Total Fat 15g	23%	Total Carb. 34g
Calories 320 Fat Cal. 130	Sat. Fat 4.5g	23%	Dietary Fiber 2g	8%
	Trans Fat 0g		Sugars 2g	
	Cholest. 15mg	5%	Protein 13g	
	Sodium 620mg	26%		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.				
Vitamin A 2% • Vitamin C 4% • Calcium 15% • Iron 15%				

INGREDIENTS: Flatbread Crust (Enriched Wheat Flour, Water, Soybean and/or Canola Oil, Salt, Sugar, Cultured Wheat Flour, Baking Powder, Yeast), Part Skim Mozzarella Cheese (Pasteurized Part Skim Cultured Milk, Salt, Enzymes), Italian Sausage (Pork Raised without Antibiotics, Water, Flavoring including Paprika, Salt, Sugar), Caramelized Onions, Canola Oil, Extra Virgin Olive Oil, Roasted Garlic, Parsley.

Contains Milk and Wheat

GOAT CHEESE, PESTO & PORTABELLA

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
	Serving Size 1/2 flatbread (113g) Servings Per Container 2	Total Fat 16g	25%	Total Carb. 32g
Calories 300 Fat Cal. 140	Sat. Fat 4g	20%	Dietary Fiber 2g	8%
	Trans Fat 0g		Sugars 1g	
	Cholest. 10mg	3%	Protein 9g	
	Sodium 470mg	20%		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.				
Vitamin A 15% • Vitamin C 10% • Calcium 6% • Iron 15%				

INGREDIENTS: Flatbread Crust (Enriched Wheat Flour, Water, Soybean and/or Canola Oil, Salt, Sugar, Cultured Wheat Flour, Baking Powder, Yeast), Goat Cheese (Cultured Pasteurized Goat Milk, Salt, Vegetable Enzymes), Basil Pesto (Extra Virgin Olive Oil, Canola Oil, Basil, Parmesan Cheese [Milk, Cheese Cultures, Salt, Enzymes], Garlic, Salt, Lemon Juice, Black Pepper), Mushrooms.

Contains Milk and Wheat

GRILLED CHICKEN & ROASTED VEGGIES

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
	Serving Size 1/2 flatbread (113g) Servings Per Container 2	Total Fat 11g	17%	Total Carb. 34g
Calories 280 Fat Cal. 90	Sat. Fat 2.5g	13%	Dietary Fiber 2g	8%
	Trans Fat 0g		Sugars 2g	
	Cholest. 10mg	3%	Protein 12g	
	Sodium 470mg	20%		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.				
Vitamin A 2% • Vitamin C 4% • Calcium 15% • Iron 15%				

INGREDIENTS: Flatbread Crust (Enriched Wheat Flour, Water, Soybean and/or Canola Oil, Salt, Sugar, Cultured Wheat Flour, Baking Powder, Yeast), Part Skim Mozzarella Cheese (Pasteurized Part Skim Cultured Milk, Salt, Enzymes), Chicken (Cage-Free White Meat Chicken Breast Raised without Antibiotics, Potato Starch, Sea Salt), Mushrooms, Eggplant, Caramelized Onions, Roasted Garlic, Canola Oil, Extra Virgin Olive Oil, Parsley.

Contains Milk and Wheat